



Autumn / Winter Menu 2022-23

Week 1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Macaroni Cheese	Homemade Creamy Chicken & Sweet Potato Curry	Roast Gammon served with Gravy and Yorkshire Pudding	Homemade Spaghetti Bolognese (made with Surprise Veg)	Chicken Burger served in a Bread Bun
Cheese & Tomato French Bread Pizza	Homemade Vegetable & Sweet Potato Curry with Chickpeas	Roasted Vegetable Crumble	Homemade Quorn Spaghetti Bolognese	Southern Fried Quorn Burger served in a Bread Bun
Peas & Sweetcorn & Salad Bar	Rice & Naan Bread & Salad Bar	Roast Potatoes & Mixed Seasonal Vegetables	Garlic Bread & Salad Bar	Chips Garden Peas & Salad Bar
Choice of Cheese or Tuna & Sweetcorn Baguette	Jacket Potato with Cheese & Baked Beans or Tuna & Sweetcorn	Choice of Ham, Cheese or Tuna & Sweetcorn Baguette	Jacket Potato with Baked Beans or Tuna & Sweetcorn	Fish Finger Sandwich Fish Fingers served in a Baguette
Mandarins & Cream & Choice of fruit & yogurt	Homemade Sponge Cake & Choice of fruit & yogurt	Strawberry Angel Delight & Choice of fruit & yogurt	Biscuit of the day & Choice of fruit & yogurt	Fresh Fruit Platter & Choice of fruit & yogurt



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Week 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Homemade Cheese & Tomato Pizza	Battered Chicken Pieces with BBQ sauce (optional)	Roast Chicken served with Yorkshire pudding & Gravy	Homemade Sausage Roll (Made with fresh Butcher's Sausage Meat)	Omega 3 Fish Fingers
Homemade Vegetable Pizza	Homemade Vegetable Chilli	Roast Quorn Filet	Homemade Cheese Turnover	Quorn Dippers
Sweetcorn & Salad Bar	Savoury Rice Sweetcorn & Salad Bar	Roast Potatoes & Mixed Seasonal Vegetables	Mashed Potato Peas & Salad Bar	Chips Baked Beans or Peas & Salad Bar
Choice of Wholemeal Cheese or Tuna & Sweetcorn Roll served with Salad	Jacket Potato with Cheese & Baked Beans or Tuna & Sweetcorn	Choice of Ham, Cheese or Tuna & Sweetcorn Baguette	Jacket Potato with Baked Beans or Tuna & Sweetcorn	Fish Finger Sandwich Fish Fingers served in a Baguette
Melon Monday & Choice of yogurt	Homemade Chocolate Brownie & Choice of fruit & yogurt	Apple Crumble Served with Custard & Choice of Fruit & yogurt	Fruit & Jelly & Choice of fruit & yogurt	Choice of Ice-cream & Choice of fruit & yogurt